Xpress Yourself DANCE STUDIO

Updated 8/28/23

Time	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
	Room1	Room 2	Room3	Room1	Room 2	Room3	Room1	Room 2	Room3	Room1	Room 2	Room3	Room1	Room 2	Room3	Room1	Room 2	Room3
9:00:00 AM								**9am-9:45am Tiny Toes Vanessa**								9am-10am Solo Rehearsal Lexi	**9am-9:45am Tiny Toes Vanessa**	
9:15:00 AM																		
9:30:00 AM																		
9:45:00 AM							9:45am-10:45am Adult Tap Cassandra	**9:45am-10:30am PS1 Vanessa**									**9:45am-10:30am Pre-School 1 Vanessa**	
10:00:00 AM													10am-11am Adult Ballet Vanessa			10am-2pm DC Rehearsal		**10am-11am Tap/Jazz 1 Lexi**
10:15:00 AM																		
10:30:00 AM																		
10:45:00 AM																	**10:30am-11:30am Pre-School 2 Vanessa**	
11:00:00 AM																		
																		11am-12pm Hip Hop/Acro 1 Lexi
3:00:00 PM																	**11:30am-12:30pm Ballet 1 Vanessa**	
3:30:00 PM			3:30pm - 4:30pm Petite Electric Tap Krisitn				3:30pm-4:30pm Electric STL Leah		**3:30pm-4:30pm Tap 1 Cassandra**						3:30pm-4:30pm Electric Hip Hop Dez			
3:45:00 PM					**3:45pm-4:30pm PS 1 Kristin**	**3:30pm-4:30pm Musical Theatre Dance Cassandra**												
4:00:00 PM										4pm-5pm Electric Jazz Kristin	**4pm-5pm. Jazz 1 Cassandra**	**4pm-5pm Ballet 1 Rosanne**	**4pm-5pm Acro 1 Lexi**					
4:30:00 PM	4:30pm-5:30pm Explosive Jazz Nia	**4:30pm-5:30pm Lyrical 1 Dez**	4:30pm-5:30pm Electric Tap Krisitn	4:30pm-5:30pm Company Musical Theatre Cassandra	**4:30pm-5:30pm Hip Hop/Acro 1 Dez**	4:30pm-5:30pm Petite Electric Jazz Kristin	4:30pm-5:30pm Electric Lyrical Leah		**4:30pm-5:30pm Ballet 2 Rosanne**						4:30pm-5pm Electric Hip Hop Rehearsal Dez			
5:00:00 PM										5pm-6pm Electric Ballet Rosanne	**5pm-6pm PS 2 Kristin**		**5pm-6pm Acro 4 Lexi**		**5pm-6pm All Boy's Hip Hop Dez**			
5:30:00 PM	5:30pm-6:30pm Extreme Jazz Nia	**5:30pm-6:30pm Hip Hop 1 Dez**	5:30pm-6:30pm Electric Rehearsal Krisitn	5:30pm-6:30pm Extreme STL Nia	**5:30pm-6:30pm Hip Hop 2 Dez**	5:30pm-6:30pm Explosive Tap Kristin	5:30pm-7pm Extreme Ballet Rosanne		5:30pm-6:30pm Explosive Contemporary Leah			5:30pm-6:15pm Performance Team Hip Hop Dez						
6:00:00 PM								**6pm-7pm Jazz 2 Nia**		6pm-7pm Explosive Ballet Rosanne			6pm-7pm Explosive/Extreme Hip Hop Dez		**6pm-7pm Acro 2 Lexi**			
6:15:00 PM												6:15pm-7pm Performance Team Jazz Lexi						
6:30:00 PM	6:30pm-8pm Extreme Ballet Nia	**6:30pm-7:30pm Teen Jazz Dez**	**6:30pm-7:30pm Acro 2 Lexi**	6:30pm-7:30pm Explosive STL Nia	**6:30pm-7:30pm Hip Hop 2 Dez**	6:30pm-7:30pm Extreme Tap Kristin			6:30pm-7pm Explosive Contemp Rehearsal Leah		**6:30pm-7:30pm Teen Contemporary Dez**							
7:00:00 PM							7pm-8pm Explosive Ballet Nia		**7pm-8pm Pointe Rosanne**	7pm-7:30pm Explosive Tap Rehearsal Kristin		**7pm-8pm Ballet 3 Rosanne**	7pm-7:30pm Explosive/Extreme HH Rehearsal Dez					
7:30:00 PM		7:30pm-8:30pm Adult Hip Hop Dez	**7:30pm-8:30pm Acro 3 Lexi**	7:30pm-8:30pm Production Rehearsal	**7:30pm-8:30pm Hip Hop 3 Dez**	**7:30pm-8:30pm Tap 2 Lexi**				7:30pm-8pm Extreme Tap Rehearsal Kristin	7:30pm-8pm Private Lesson Jessica							
8:00:00 PM	8:pm-8:30pm Extreme Jazz Rehearsal Nia						8pm-9pm Extreme Contemporary Leah			8pm-8:30pm Extreme Contemp. Rehersal Jessica	**8pm-9pm Tap 3 Lexi**							
8:30:00 PM	8:30pm-9pm Explosive Jazz Rehearsal Nia																	
9:00:00 PM																		
9:30:00 PM																		