Updated: 8-6-24

| Time | Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | | Saturday | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Room1 | Room 2 | Room3 | Room1 | Room 2 | Room3 | Room1 | Room 2 | Room3 | Room1 | Room 2 | Room3 | Room1 | Room 2 | Room3 | Room1 | Room 2 | Room3 |
| 9am | | | | | | | | | | | | | | | | 9am-10am Teams Conditioning Shauna | **9am-9:45am Tiny Toes Vanessa** | **9am-10am Tap/Jazz 1 Kayla** |
| 9:15am | | | | | | | | | | | | | | | | | | |
| 9:30am | | | | | | | | **9:30am-10:15am Mommy & Me Vanessa** | | | | | | | | | **9:45am-10:30am Pre-School 1 Vanessa** | |
| 9:45am | | | | | | | | | | | | | | | | | | |
| 10am | | | | | | | | | | | | | | | | | | **10am-11am Hip Hop/Acro 1 Kayla** |
| 10:15am | | | | | | | | | | | | | | | | | **10:30am-11:30am Pre-School 2 Vanessa** | |
| 10:30am | | | | | | | | **10:30am-11:15am Tiny Toes Vanessa** | | | | | | | | | | |
| 10:45am | | | | | | | | | | | | | | | | | | |
| 11am | | | | | | | | | | | | | | | | | | **11am-12pm Hip Hop 2 Kayla** |
| 11:15am | | | | | | | | | | | | | | | | | **11:30am-12:30pm Ballet 1 Vanessa** | |
| 3:00:00 PM | | | | | | | | | | | | | | | | | | |
| 3:30:00 PM | | | | | | **3:30pm-4:30pm Jazz 1 Cassandra** | 3:30pm-4:30pm Electric STL Leah | | **3:30pm-4:30pm Tap 1 Cassandra** | | | **3:30pm-4:30pm Acro 1 Shauna** | 3:30pm-4:30pm Electrci Hip Hop Dez | | | 10am-2pm DC Rehearsal | | |
| 3:45:00 PM | | | | **3:45pm-4:30pm PS 1 Kristin** | | | | | | | | | | | | | | |
| 4:00:00 PM | | | | | | | | | | | | | | | | | | |
| 4:30:00 PM | 4:30pm-5:30pm Explosive Tap Kristin | **4:30pm-5:30pm Lyrical/Contemp. 2 Dez** | 4:30pm-5:30pm Electric Contemp. Lexi | **4:30pm-5:30pm Acro 4 Shauna** | | **4:30pm-5:30pm Hip Hop 1 Dez** | 4:30pm-5:30pm Explsoive STL Leah | **4:30pm-5:30pm Ballet 2 Rosanne** | 4:30pm-5:30pm Electric Tap Kristin | 4:30pm-5:30pm Electric Ballet Rosanne | | **4:30pm-5:30pm Acro 3 Shauna** | 4:30pm-5:30pm Electric Jazz Lexi | **4:30pm-5:30pm All Boy's Hip Hop Dez** | **4:30pm-5:30pm Acro 1 Shauna** | | | |
| 5:00:00 PM | | | | | | | | | | | | | | | | | | |
| 5:30:00 PM | 5:30pm-6:30pm Extreme Jazz Cassandra | **5:30pm-6:30pm Hip Hop/Acro 1 Dez** | **5:30pm-6:30pm Acro 2 Lexi** | 5:30pm-6:30pm Explosive Ballet Nia | **5:30pm-6:30pm Teen Jazz Dez** | **5:30pm-6:30pm Musical Theatre Shauna** | 5:30pm-6:30pm Explosive Contemp Leah | **5:30pm-6:30pm Ballet 3 Rosanne** | 5:30pm-6pm Dance Company Rehearsal | 5:30pm-6:30pm Company Musical Theatre Cassandra | **5:30pm-6:30pm PS2 Kristin** | **5:30pm-6:30pm Ballet 1 Rosanne** | 5:30pm-6:15pm PT Hip Hop Rehearsal Dez | 5:30pm-6:15pm Dance Company Rehearsal | **5:30pm-6:30pm Acro 2 Shauna** | | | |
| 6:00:00 PM | | | | | | | | | | | | | | | | | | |
| 6:15:00 PM | | | | | | | | | | | | | 6:15pm-7pm PT Jazz Rehearsal Lexi | | | | | |
| 6:30:00 PM | 6:30pm-8pm Extreme Ballet Nia | **6:30pm-7:30pm Hip Hop 2 Dez** | **6:30pm-7:30pm Tap 3 Lexi** | 6:30pm-7:30pm Explosive Jazz Nia | **6:30pm-7:30pm Tap 2 Shauna** | 6:30pm-7:30pm Extreme Hip Hop Dez | 6:30pm-8pm Extreme Ballet Rosanne | | 6:30pm-7pm Dance Company Rehearsal | 6:30pm-7:30pm Explosive Ballet Rosanne | **6:30pm-7:30pm Teen Hip Hop Dez** | 6:30pm-7:30pm Extreme Tap Kristin | | | 6:30pm-7:30pm Dance Company Rehearsal | | | |
| 7:00:00 PM | | | | | | | | | **7pm-8pm Jazz 3 Leah** | | | | | | | | | |
| 7:30:00 PM | | **7:30pm-8:30pm Hip Hop 3 Dez** | **7:30pm-8:30pm Acro 3 Lexi** | 7:30pm-8:30pm Extreme STL Jessica | **7:30pm-8:30pm Jazz 2 Shauna** | 7:30pm-8:30pm Explosive Hip Hop Dez | | | | 7:30pm-9pm Dance Company Rehearsals | **7:30pm-8:30pm Teen Contemp Dez** | | | | | | | |
| 8:00:00 PM | 8pm-9pm Dance Company Rehearsal | | | | | | 8pm-9pm Extreme Contemporary Leah | **8pm-9pm Ballet 4 Rosanne** | | | | | | | | | | |
| 8:30:00 PM | | | | 8:30pm-9pm Dance Company Rehearsal | | | | | | | | | | | | | | |
| 9:00:00 PM | | | | | | | | | | | | | | | | | | |
| 9:30:00 PM | | | | | | | | | | | | | | | | | | |